

# Bruise Vanish

Immediate  
Relief

## Facts About Bruising:

A bruise is called a contusion. It forms due to soft tissues that have been bumped. Some people bruise easily, some have tougher skin. When tissues are infused, small veins and capillaries (the tiny vessels). The red blood cells that collect under the skin cause that bluish, red-dish or blackish mark.



Bruise Vanish not only Vanishes the bruise. It stops the pain in seconds.

**Arnica Montana:** Herb which grows wild in the Swiss Alps and has been used as a part of European herbal medicine for over a thousand years for the reduction of bruising and swelling and to shorten the recovery period after physical trauma.

**Hypericum:** Better wound healing, antibacterial activity and an anti-inflammatory action are further benefits of this remarkable herb.

**Ledum:** Acts like a combination of Arnica and Hypericum. So often it will completely relieve traumas after the initial use of Arnica. I think about it especially for black eyes (the #1 remedy), and for bruises when they have turned violet-blue-black. It has an equally great effect on puncture wounds (which do not bleed long) caused by a sharp instrument. The pains relieved by Ledum are improved by cold compresses and cold water in general.

**Bellis Perrenis:** For the temporary relief of minor aches and pains due to sore muscles and joints, sprains, and bruises.

**Symphytum:** more commonly known as comfrey. Comfrey leaves and roots also are used topically to treat wounds, arthritis, sprains, and broken bones. In these applications, allantoin is believed to be the effective compound

Bruises go through colorful changes as the body begins to heal itself.

**Ingredients:** Purified Water, Glycerin, Arnica Montana, Hypericum, Ledum, Methyl Nicotinate, Bellis Perrenis, Symphytum, Ruta, Grape Fruit Extract, Ylang

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, or prevent and disease.